

Changing/ Re-inserting a Gastrostomy Tube

Purpose	The purpose of this procedure is to maintain nutritional support for residents unable to obtain nourishment orally.
Preparation	<ol style="list-style-type: none">1. Verify that there is a physician's order for this procedure.2. Review the resident's care plan and provide for any special needs of the resident.3. Assemble equipment and supplies needed.4. Ensure that the equipment and devices are working properly by performing any checks as instructed by the manufacturer or this facility.
Equipment and Supplies	The following equipment and supplies will be necessary when performing this procedure. <ol style="list-style-type: none">1. Soap and water;2. Wash cloth and towel;3. Gastrostomy tube (size ordered by physician);4. Water-soluble lubricant;5. Two (2) 10 cc syringes;6. Normal saline;7. Sterile water; and8. Personal protective equipment (e.g., gowns, gloves, mask, etc., as needed).
Steps in the Procedure	<ol style="list-style-type: none">1. Place the equipment on the bedside stand or overbed table. Arrange the supplies so they can be easily reached.2. Wash hands and dry thoroughly.3. Wear clean gloves.4. Obtain ten (10) cc syringe, deflate balloon in existing gastrostomy tube, if applicable (it may require more than 10cc to deflate the balloon).5. Apply gentle pressure to abdomen with non dominant hand and gently pull upward with dominant hand on the gastrostomy tube.6. Discard old gastrostomy tube in designated container.7. Clean site with normal saline.8. Open package and leave gastrostomy tube in package.9. Check for proper inflation of balloon by inflating the balloon with the recommended volume of sterile water and deflating the balloon.10. Remove gastrostomy tube from package by the large end of the tube.11. Apply lubricant to tip of gastrostomy tube.12. Gently insert gastrostomy tube into gastrostomy opening six (6) to eight (8) inches.13. Stop the procedure if resistance is met and try again.14. Obtain syringe with sterile water and inflate balloon with the recommended volume of sterile water.15. Pull gastrostomy tube upward so that the balloon is resting against the inside of stomach wall and secure with the disc.16. Clamp the gastrostomy tube if not in use.17. Place the wash cloth and towel in the soiled laundry container.18. Discard disposable supplies in the designated containers.19. Clean the overbed table and return it to its proper position.20. Reposition the bed covers. Make the resident comfortable.21. Place the call light within easy reach of the resident.

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Steps in the Procedure (continued)

22. Remove gloves and discard into designated container.
23. Wash your hands.
24. If the resident desires, return the door and curtains to the open position and if visitors are waiting, tell them they may now enter the room.

Documentation

The person performing this procedure should record the following information in the resident's medical record:

1. The date and time the procedure was performed.
2. The gastrostomy tube size and inflation of balloon.
3. The name and title of the individual(s) who performed the procedure.
4. All assessment data obtained during the procedure.
5. How the resident tolerated the procedure.
6. If the resident refused the procedure, the reason(s) why and the intervention taken.
7. The signature and title of the person recording the data.

Reporting

1. Report complications promptly to the supervisor and the attending physician.
2. Notify the supervisor if the resident refuses the procedure.
3. Report other information in accordance with facility policy and professional standards of practice.