

External Male Catheter (Condom Catheter)

Purpose	The purpose of this procedure is to prevent urinary tract infection and skin breakdown in an incontinent resident.
Preparation	<ol style="list-style-type: none">1. Verify that there is a physician's order for this procedure.2. Review the resident's care plan to assess for any special needs of the resident.3. Assemble the equipment and supplies as needed.
Equipment and Supplies	The following equipment and supplies will be necessary when performing this procedure. <ol style="list-style-type: none">1. Condom catheter in size appropriate for resident;2. Urinary drainage bag;3. Towel;4. Wash cloth;5. Soap and water;6. Wash basin; and7. Personal protective equipment (e.g., gowns, gloves, mask, etc., as needed).
Steps in the Procedure	<ol style="list-style-type: none">1. Place the clean equipment on the bedside stand or overbed table. Arrange the supplies so they can be easily reached.2. Wash and dry your hands thoroughly.3. Fill the wash basin with warm water. Place the wash basin on the bedside stand within easy reach.4. If the resident's physical or medical condition permits, assist the resident into the semi-fowler's position. Refer to the resident's plan of care and/or request information from the Charge Nurse regarding safe positioning for the resident.5. Put on disposable gloves.6. Fold the top covers down to the foot of the bed. Place a sheet (folded once) across the resident's chest. Avoid unnecessary exposure of the resident's body.7. Wash the resident's perineum thoroughly with soap and water. Rinse the area well and towel dry.8. Place the condom catheter on the resident's penis and roll the condom catheter down. (Note: If the male is uncircumcised be sure the foreskin is pulled down over the head of the penis.)9. Attach the urinary drainage bag to the tubing.10. Pour the wash water down the commode. Flush the commode.11. Discard soiled linen into designated container.12. Discard disposable items into designated container.13. Clean and sanitize wash basin and store in designated area.14. Remove disposable gloves and discard in designated container. Wash and dry your hands thoroughly.15. Clean the bedside stand and/or overbed table. Return the overbed table to its proper position.16. Wash and dry your hands thoroughly.17. Reposition the bed covers. Make the resident comfortable.18. Place the call light within easy reach of the resident.19. If the resident desires, return the door and curtains to the open position and if visitors are waiting, tell them that they may now enter the room.

continues on next page

Documentation

The following information should be recorded in the resident's medical record:

1. The date and time the procedure was performed.
2. The name and title of the individual(s) who performed the procedure.
3. All assessment data obtained during the procedure.
4. How the resident tolerated the procedure.
5. If the resident refused the procedure, the reason(s) why and the intervention taken.
6. The size of the condom catheter used.
7. The signature and title of the person recording the data.

Reporting

1. Report information in accordance with facility policy and professional standards of practice.