

Section GG	Section GG0130 Self-Care Coding Example	Code Performance
Eating – GG0130A	Ms. S has multiple sclerosis, affecting her endurance and strength. Ms. S prefers to feed herself as much as she is capable. After eating three-fourths of her meal by herself, Ms. S usually becomes extremely fatigued and requests assistance from the certified nursing assistant (CNA) to feed her the remainder of the meal.	
Oral Hygiene – GG0130B	Mr. W is edentulous (without teeth) and his dentures no longer fit his gums. Mr. W begins to brush his upper gums after the helper applies toothpaste onto his toothbrush. He brushes his upper gums, but cannot finish due to fatigue. The helper completes the activity of oral hygiene by brushing his back upper gums and his lower gums.	
Toileting Hygiene – GG0130C	Mrs. J uses a bedside commode. The CNA provides steadying (touching) assistance as Mrs. J pulls down her pants and underwear before sitting down on the toilet. When Mrs. J is finishing voiding or having a bowel movement, the CNA provides steadying assistance as Mrs. J wipes her perineal area and pulls up her pants and underwear without assistance.	
Section GG	GG0170 Mobility Coding Example	Code Performance
Sit to Lying – GG0170B	Mrs. H requires assistance from a nurse to transfer from sitting at the edge of the bed to lying flat on the bed because of paralysis on her right side. The nurse lifts and positions Mrs. H's right leg. Mrs. H uses her arms to position her upper body. Overall, Mrs. H performs more than half of the effort.	
Lying to Sit-ting on Side of the Bed – GG0170C	Ms. P is being treated for sepsis and has multiple infected wounds on her lower extremities. Full assistance from the CNA is needed to move Ms. P from a lying position to sitting on the side of her bed because she usually has pain in her lower extremities upon movement.	
Sit to Stand – GG0170D	Mr. M has osteoarthritis and is recovering from sepsis. Mr. M transitions from a sitting to a standing position with the steadying (touching) assistance of the nurse's hand on Mr. M's trunk.	
Chair/Bed-to–Chair Transfer – GG0170E	Mr. F's medical conditions include morbid obesity, diabetes mellitus, and sepsis, and he recently underwent bilateral above-the-knee amputations. Mr. F requires full assistance with transfers from the bed to the wheelchair using a lift device. Two CNAs are required for safety when using the device to transfer Mr. F from the bed to a wheelchair. Mr. F is unable to assist in the transfer from his bed to the wheelchair.	
Toilet Transfer – GG0170F	The CNA provides steadying (touching) assistance as Mrs. Z transfers onto the toilet and lowers her underwear. After voiding, Mrs. Z cleanses herself. She then stands up as the helper steadies her and Mrs. Z pulls up her underwear as the helper steadies her to ensure Mrs. Z does not lose her balance.	
Walk 50 Feet with 2 Turns – GG0170J	Mrs. L is unable to bear her full weight on her left leg. As she walks 60 feet down the hall with her crutches and makes two turns, the CNA supports her trunk and provides less than half the effort.	
Walk 150 Feet – GG0170K	Mr. R has endurance limitations due to heart failure and has only walked about 30 feet during the 3-day assessment period. He has not walked 150 feet or more during the assessment period, including with the physical therapist that has been working with Mr. R. The therapist speculates that Mr. R could walk this distance in the future with additional assistance.	
Wheel 50 Feet with 2 Turns – GG0170R	Once seated in the manual wheelchair, Ms. R wheels about 10 feet, then asks the therapist to push the wheelchair an additional 40 feet into her room and her bathroom.	
Wheel 150 Feet – GG0170S	Mr. G always uses a motorized scooter to mobilize himself down the hallway and the therapist provides cues due to safety issues (to avoid running into the walls).	