

## ***Psychosocial Needs of Residents in Isolation***

A resident in isolation will likely be confined to their room but in most cases can still have visitors and contact with staff. Residents who are not allowed to leave their rooms may feel that they have done something wrong or are being punished. You will need to help them understand how germs are spread and that the isolation precautions are designed to protect all residents. Explain that the situation is only temporary and when they are better they will no longer be in isolation.

Confinement can be very disorienting for an elderly person, especially those with cognitive impairments. Explain to the resident and family why the resident must stay in the room and for how long. Help them understand that the precautions are in their best interest. Provide as much mental stimulation as possible by offering activities that the resident enjoys.

DISCLAIMER: AHCA/NCAL has created this course to assist providers to recruit and train temporary staff during the national emergency caused by the coronavirus pandemic. Federal and/or state requirements may need to be waived to permit individuals under this training program in your location. Employers should check with their state survey agencies and their state occupational licensing agencies where applicable to ensure individuals trained under this program are permitted to assist with care in your location.