

## Speaking Valve (PMV) Policy and Procedure

Description: A physician's order is needed to use a PMV device on a patient. The cuff must always be deflated when the valve is in place so that the patient can exhale. Trach patients that are awake and alert are potential candidates. Using a PMV on a ventilator patient calls for heightened monitoring by staff as the cuff is deflated and stability issues can occur in patient.

### Procedure:

1. Confirm order is in place for PMV.
2. Introduce self and explain procedure to patient, provide privacy.
3. Deflate the trach tube cuff.
4. Suction patient as needed.
5. Attach PMV directly to the 15mm hub of trach tube.
6. Attach ventilator flex tubing to PMV if patient is on a ventilator.
7. Adjust settings on ventilator as needed to adequately ventilate patient.

---

8. Reapply oxygen and humidity that was on patient.
9. Observe patient closely for any signs of distress. Check RR, HR and SATS for deviations.
10. Remove PMV from patient if procedure is not tolerated and document in patient's chart.
11. Do not leave PMV in place overnight (during sleeping hours).
12. Do not leave PMV in place during a nebulizer treatment
13. Clean valve by washing in soapy water.
14. Document observations in patient's chart.

UPDATED  
5-15-20