

Tracheostomy Care Policy and Procedure

Policy: To maintain a patent airway and to minimize the potential for infection aseptically cleaning the trach tube and stoma site.

Frequency: Tracheostomy care is performed once a day and PRN.

Equipment: Tracheostomy care kit, Sterile water or saline, Hydrogen peroxide.

Procedure:

1. Assemble equipment and take to resident's bedside.
2. Introduce self, explain procedure and provide privacy.
3. Assess need for suctioning (see suctioning procedure).
4. Wash hands.
5. Position patient for best access.
6. Open trach care kit and pour hydrogen peroxide into tray provided.
7. Apply gloves provided.
8. Clean tracheostomy flange and outer cannula with gauze or swab provided moistened with hydrogen peroxide.
9. Clean around tracheostomy stoma and trach tube with hydrogen peroxide, rinse with sterile water or saline and blot dry.
10. Replace disposable inner cannulas with a new inner cannula.
11. Clean permanent inner cannula by immersing in tray of hydrogen peroxide using brush to swab out cannula. Rinse inner cannula with normal saline and reinsert into the trach.
12. Apply clean tracheostomy dressing to stoma site.
13. Replace tracheostomy tie if soiled.
14. Make a note of any sores or wounds to trach site or neck and report findings to wound care.
15. Document trach care in patient's chart.